

SJM VIDYAPEETHA ®
BASAVESHWARA MEDICAL COLLEGE & HOSPITAL, CHITRADURGA.
FOUNDATION COURSE

FOUNDATION COURSE										
Time	9-10 am	10-10.30am	10.30-11 am	11-11.15	11.15-12pm	12-1pm	1-2pm	2-3pm	3-4pm	4-5pm
Thursday 1/8/2019	Inauguration and Welcome address	Address speech by Director and Dean	Introduction : The medical profession by MS	Tea Break	Interaction with pre and para clinical faculty	Overview of MBBS Course Documents pertaining to the course	Lunch	Self – introduction by the students (Interpersonal skills)	Walk around the campus (Hostels, library, sports complex etc)	
Friday 2/8/2019	Experience in BMCH by senior students	Panel- The medical profession and the physician’s role in society		Tea Break	Students perception – Reason for selecting the medical profession	University rules for examinations and attendance etc..	Lunch	Orientation: -Rules and regulations in college -Facilities	You are Shielded -Anti-ragging Measures employed in the college	Pre- Foundation course assessment
Saturday 3/8/2019	Visit to Hospital and Medical college						Lunch	Computer and language skills		
Sunday 4/8/2019	HOLIDAY									
Monday 5/8/2019	Stress management			Tea Break	Behavioral and Study skills		Lunch	Yoga for fitness	Communication skills	
Tuesday 6/8/2019	Introduction to pre and para clinical departments (By Professors of respective department)			Tea Break	Visit to pre and para clinical departments (Group A,B,C) (Guided by junior faculties of respective departments)		Lunch	Computer and English Language Skills		
Wednesday 7/8/2019	Ethics and professionalism (By IEC committee)	Unethical behavior & unprofessionalism – Consumer protection act(By IEC committee)		Tea Break	Medical ethics - Know the "Hippocratic Oath"		Lunch	Computer and English Language Skills		

Thursday 8/8/2019	Hospital visit (Group A/B/C) (Guided by junior faculties of pre-clinical departments) (Medicine OPD and wards) (Interpersonal skill- 02 Communication-01 SDL-01)				Lunch	Computer and Language Skills	Sports lounge	
Friday 9/8/2019	Hospital visit (Group A/B/C) (Guided by junior faculties of pre-clinical departments) (Surgery/Orthopedics OPD and wards) (Interpersonal skill- 02 Communication-01SDL-01)				Lunch	Computer and Language Skills	Sports lounge	
Saturday 10/8/2019	Hospital visit (Group A/B/C) (Guided by junior faculties of pre-clinical departments) (OBG/Pediatrics OPD and wards) (Interpersonal skill- 02 Communication-01SDL-01)				Lunch	Computer and Language Skills	Sports lounge	
Sunday 11/8/2019	HOLIDAY							
Monday 12/8/2019	Nurturing the budding doctors- Mentorship Programme	Tea Break	Doctor Patient Relationship		Lunch	Field visit- (Guided by Community medicine department)		
Tuesday 13/8/2019	Hospital visit (Group A/B/C) (Guided by junior faculties of pre-clinical departments) Casualty /MRD section) (Interpersonal skill- 02 Communication-01SDL-01)				Lunch	Field visit- (Guided by Community medicine department)		
Wednesday 14/8/2019	Community and primary health care	Health care delivery system in India Alternate health systems in India	Tea Break	National health programs Notifiable diseases	Gender sensitization and sexual harassment	Lunch	Field visit- (Guided by Community medicine department)	Sports lounge
Thursday 15/8/2019	HOLIDAY							

Friday 16/8/2019	Cadaveric oath	Cadaver - Your First teacher	Tea break	Integration of pre-para and clinical subjects		Lunch	Computer and Language Skills	Sports lounge
Saturday 17/8/2019	Skills training- Hand washing, visit to blood bank, Laboratory (Time management)	Skills training- Hand washing, visit to blood bank, Laboratory. (Interpersonal skill)	Tea Break	Skill training- First aid, BLS, Biomedical waste management In groups)/Information Technology (Communication skill-01,SDL-01)		Lunch	Computer and Language Skills	Sports lounge
Sunday 18/8/2019	HOLIDAY							
19/8/2019	Skill training- First aid, BLS, Biomedical waste management In groups)/Information Technology (Communication skill-01,SDL-01)		Tea Break	Role play- Communication skills (Communication skill-01)	Role play- BLS (Communication skill-01)	Lunch	Computer and Language Skills	Sports lounge
20/8/2019	Medical ethics & impact of medical negligence		Tea Break	Patient as a teacher	Doctor as a team leader	Lunch	Computer and Language Skills	Sports lounge
21/8/2019	Expectation of medical student from society, teachers and peer groups		Tea Break	Violence against doctors (Panel discussion)	Role of a doctor in a society	Lunch	Computer and Language Skills	

22/8/2019	Experience as a doctor (Panel discussion)		Tea Break	Personality development		Lunch	Stress management		Sports lounge
23/8/2019	Immunisation requirements of Health Care professionals	Immunisation of students against Hepatitis B	Tea Break	The realities of medical practice	Role of a medical professional in research	Lunch	Computer and Language Skills		Sports lounge
Saturday 24/8/2019	Literature search by using online resources (SDL-01)	How to utilize online resource materials in learning process? (SDL-01)	Tea break	Visit to college society and library (Time management-01 Communication-01)			Computer and Language Skills		Sports lounge
25/8/2019	HOLIDAY								
26/8/2019	Teaching learning methods	Integrated teaching	Tea Break	Simulation based learning (SDL-01)	Introduction of OSPE/OSCE (SDL-01)	Lunch	Problem based learning		
27/8/2019	Learning as Adults- Principles		Tea Break	Group Dynamics- Fish and Bowl activity (Communication-02)		Lunch	Computer and Language Skills		
28/8/2019	Patient Safety- Making health care safer		Tea Break	Orientation to Self directed learning (SDL-01)	Orientati on to Impartus Lectures	Lunch	Computer and Language Skills		Sports lounge
29/9/2019	Obtaining patient consent (Communication-01)	Counseling skills for patients and relatives (Communication-01)	Tea Break	Maintaining confidentiality (Communication and stress management)	How to maintain log book ?	Lunch	Computer and Language Skills		Sports lounge
30/8/2019	Assessment -Reflections, Feed back					Lunch	Continuing medical education		
31/8/2019	White coat ceremony						Cultural Day		

Allotment of time for various component of foundation course

S. No.	Subject / Content	Hours (MCI)	Hours (Actual)
1	Orientation	30	32
2	Skills module	35	42
3	Field visit	8	40
4	Professional development including ethics	40	8
5	Sports and Extra-curricular activities	22	22
6	Language and Computer skills	40	33
	TOTAL HOURS	175	177